

# ***A Little Bit About***

# ME

***by*** \_\_\_\_\_



care. support. comfort.

Written by Polly Hurlburt Mizani, Child Life Specialist  
Design and Illustrations by Penne Romar-Copyright PenMar

# ***Me: Just the Basics***

***My Name:***\_\_\_\_\_

***My Nickname:***\_\_\_\_\_

***My Age:***\_\_\_\_\_

***My Birthday:***\_\_\_\_\_

***Where I Was Born:***\_\_\_\_\_

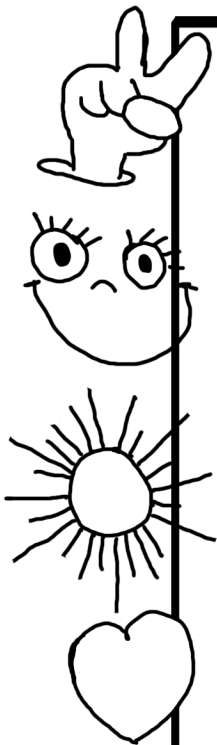
***Where I Live Now:***\_\_\_\_\_

***Other Places I've Lived:***\_\_\_\_\_

\_\_\_\_\_

***My School:***\_\_\_\_\_

***My Grade Level:***\_\_\_\_\_



# My Must-Haves

**AKA, The Stuff I'd Take  
with Me to a Desert Island:**

***Favorite colors:***

***Favorite animal:***

***Favorite song:***

***Favorite TV show:***

***Favorite movie:***

***Favorite book:***

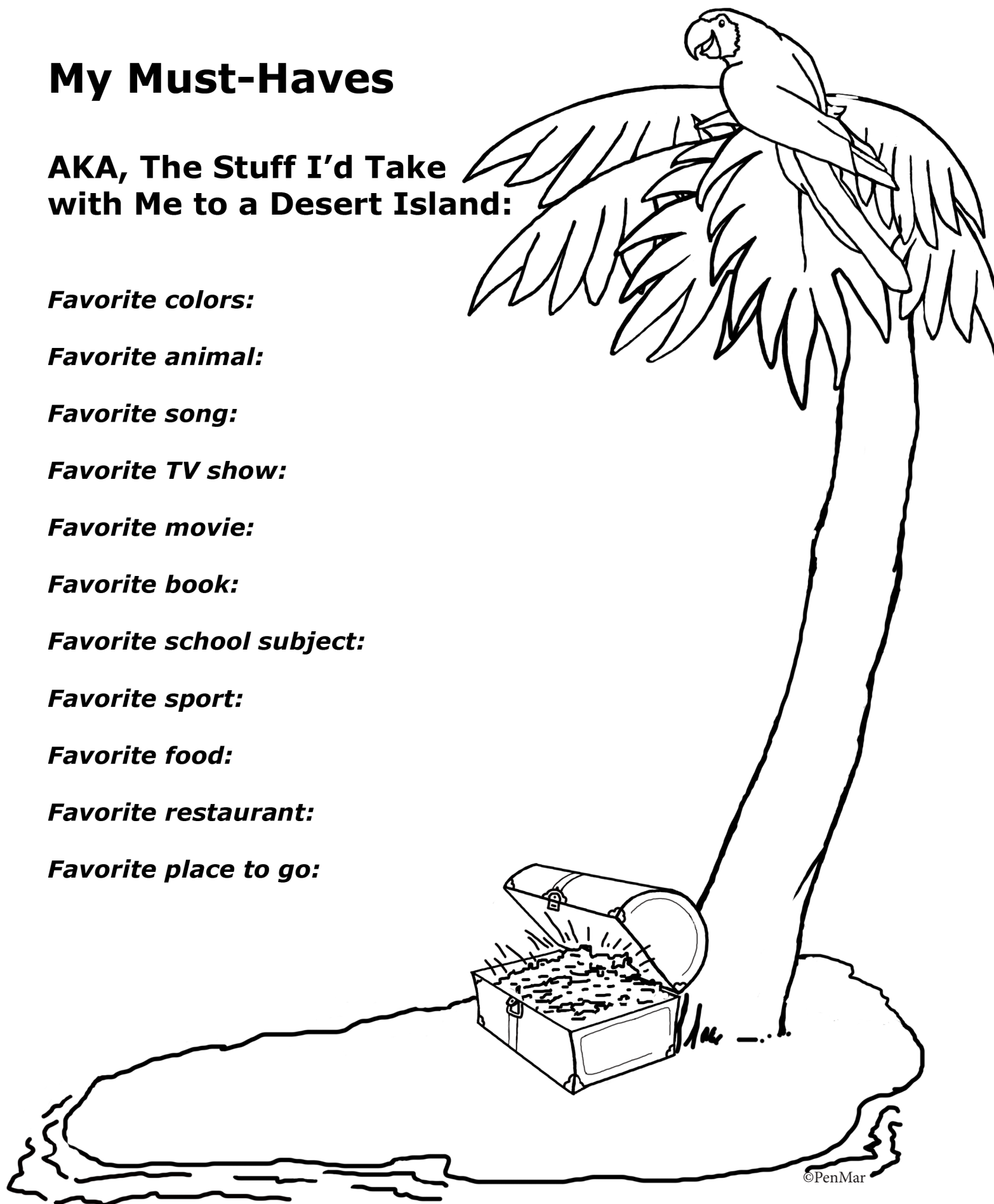
***Favorite school subject:***

***Favorite sport:***

***Favorite food:***

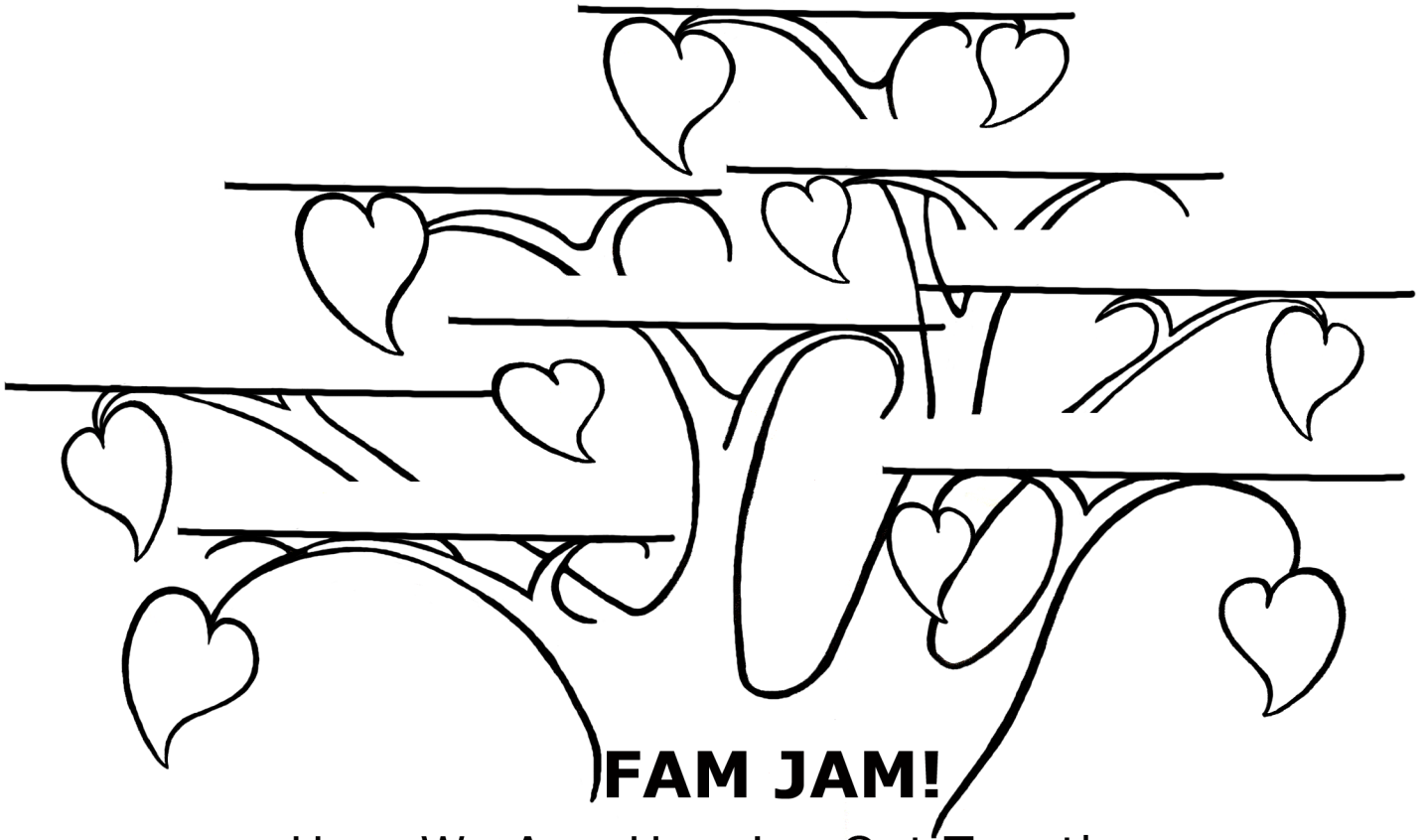
***Favorite restaurant:***

***Favorite place to go:***



# ALL IN THE FAMILY

Who's Who In My Family:



**FAM JAM!**

Here We Are, Hanging Out Together:

A large, empty rectangular box with a black border, intended for a drawing or writing. It occupies the lower half of the page.



# My Squad

Some of My Best Friends:

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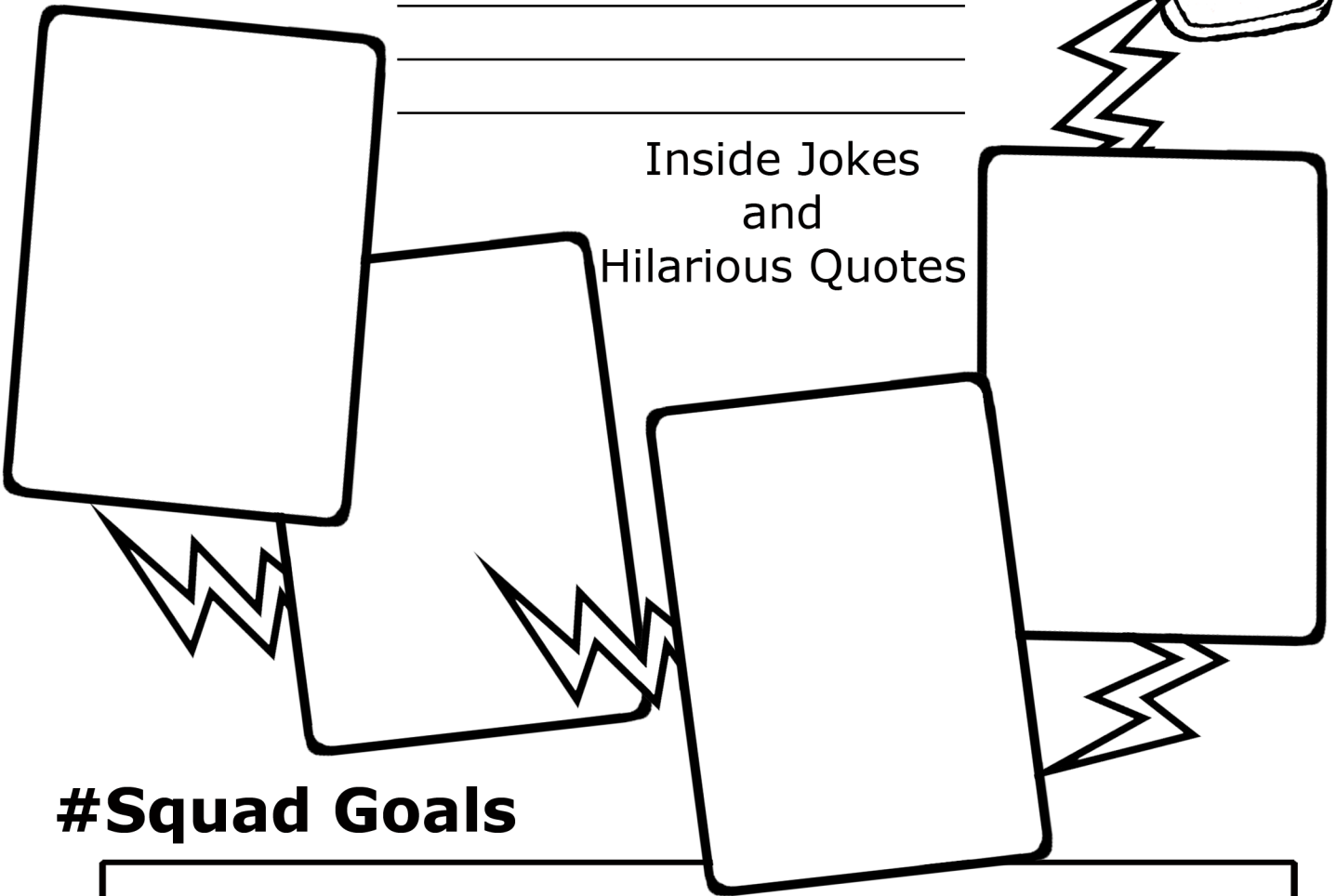
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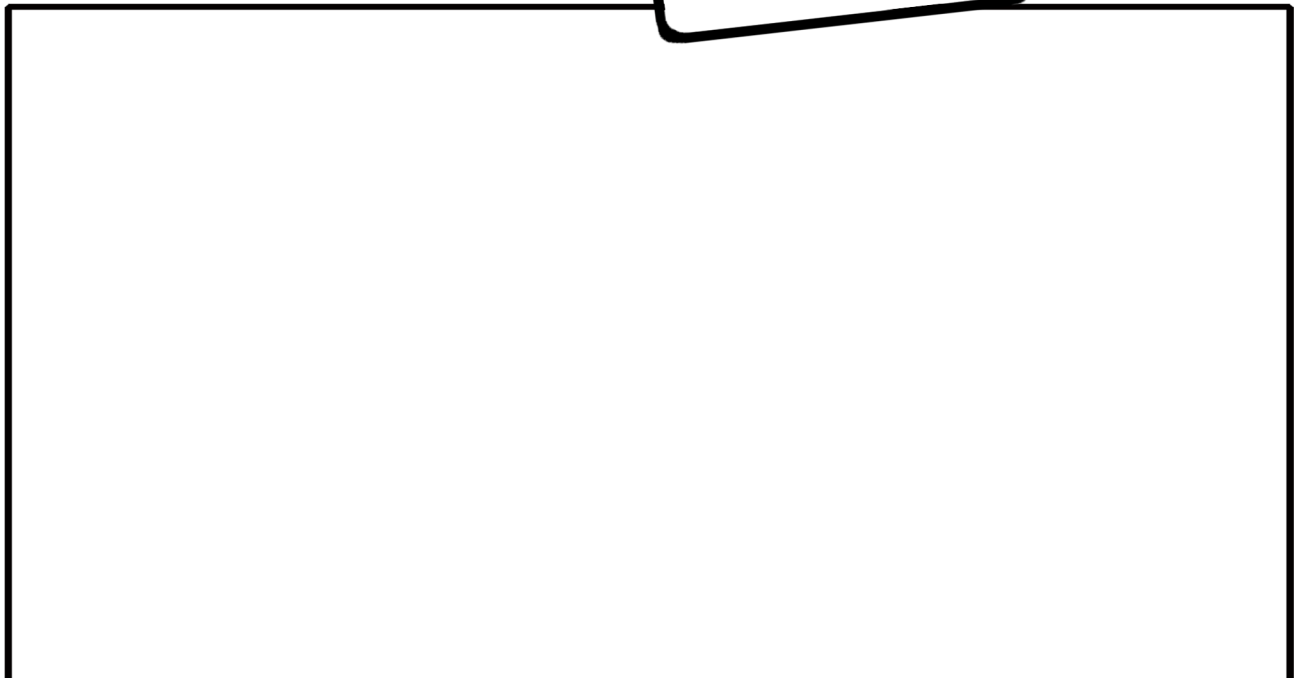
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Inside Jokes  
and  
Hilarious Quotes

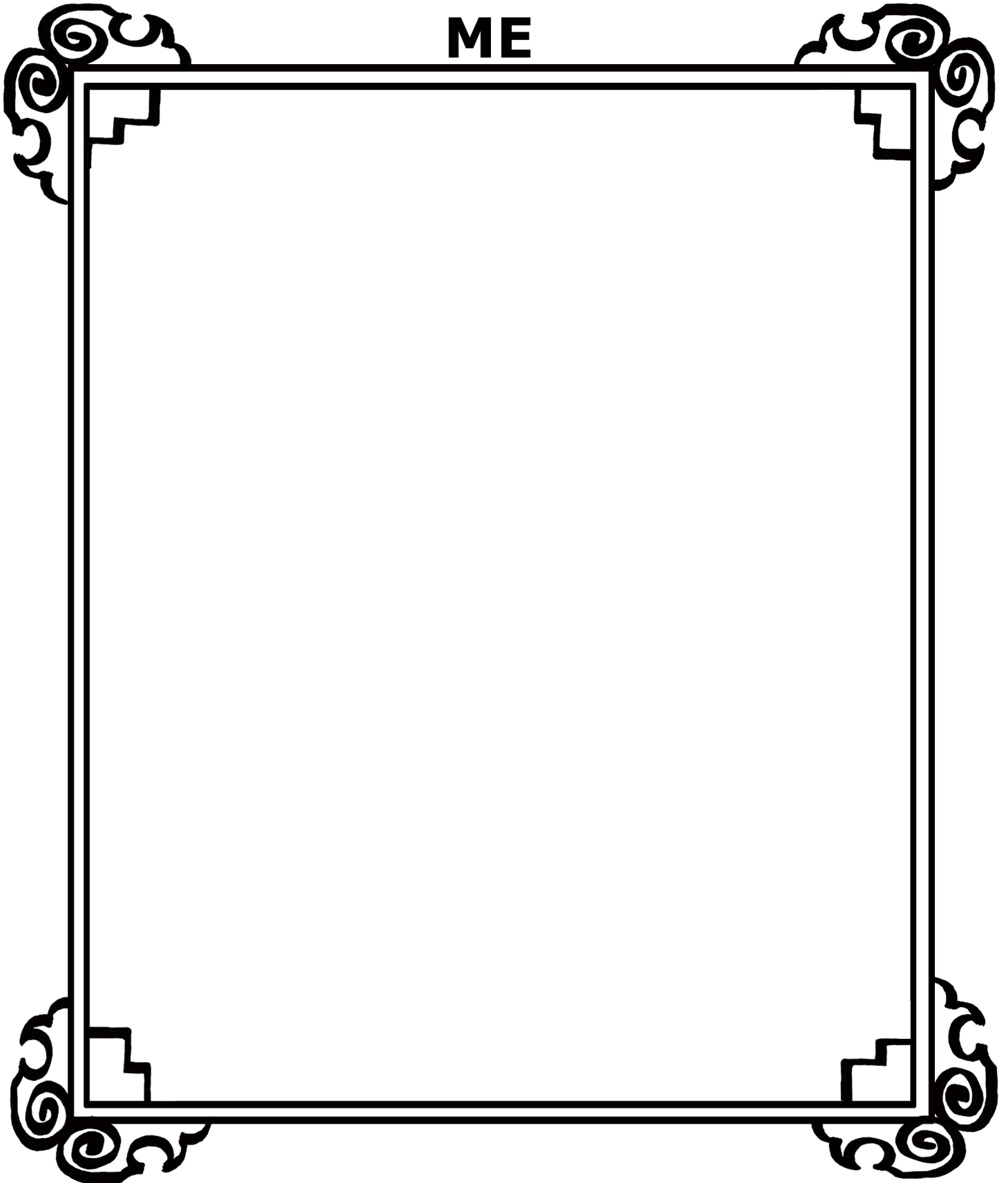
Four tilted rectangular boxes are arranged in a chain. The first box on the left is connected to the second by a lightning bolt. The second is connected to the third by a lightning bolt. The third is connected to the fourth by a lightning bolt. The fourth box is connected to a phone icon above it by a lightning bolt.

**#Squad Goals**

A large, empty rectangular box with a black border, intended for writing.

# A Handful Of Words To Describe

**ME**



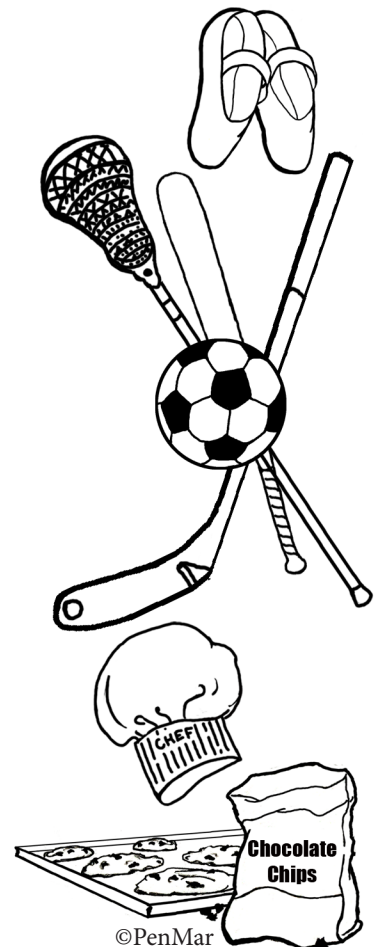
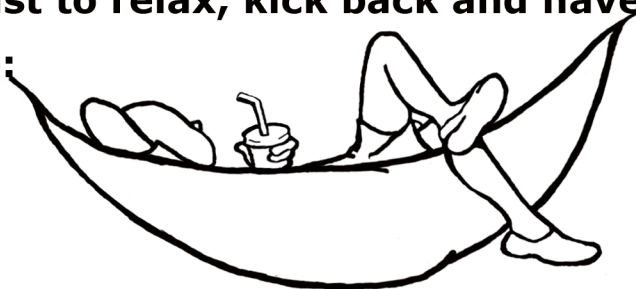
# Stuff Im REALLY Good At

My strengths, skills and talents:



## Just for Fun

What I do just to relax, kick back and have a good time:



# My Time to Shine

Some of my proudest accomplishments  
and achievements so far:

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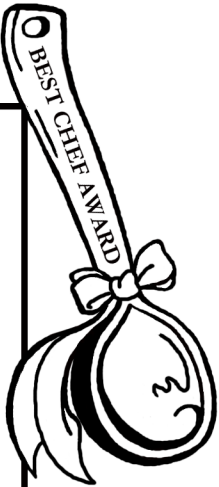
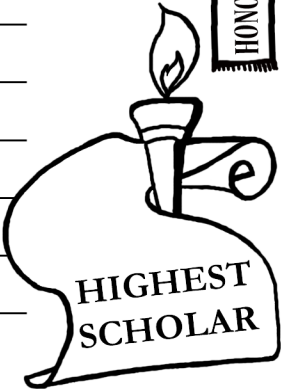
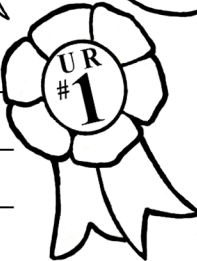
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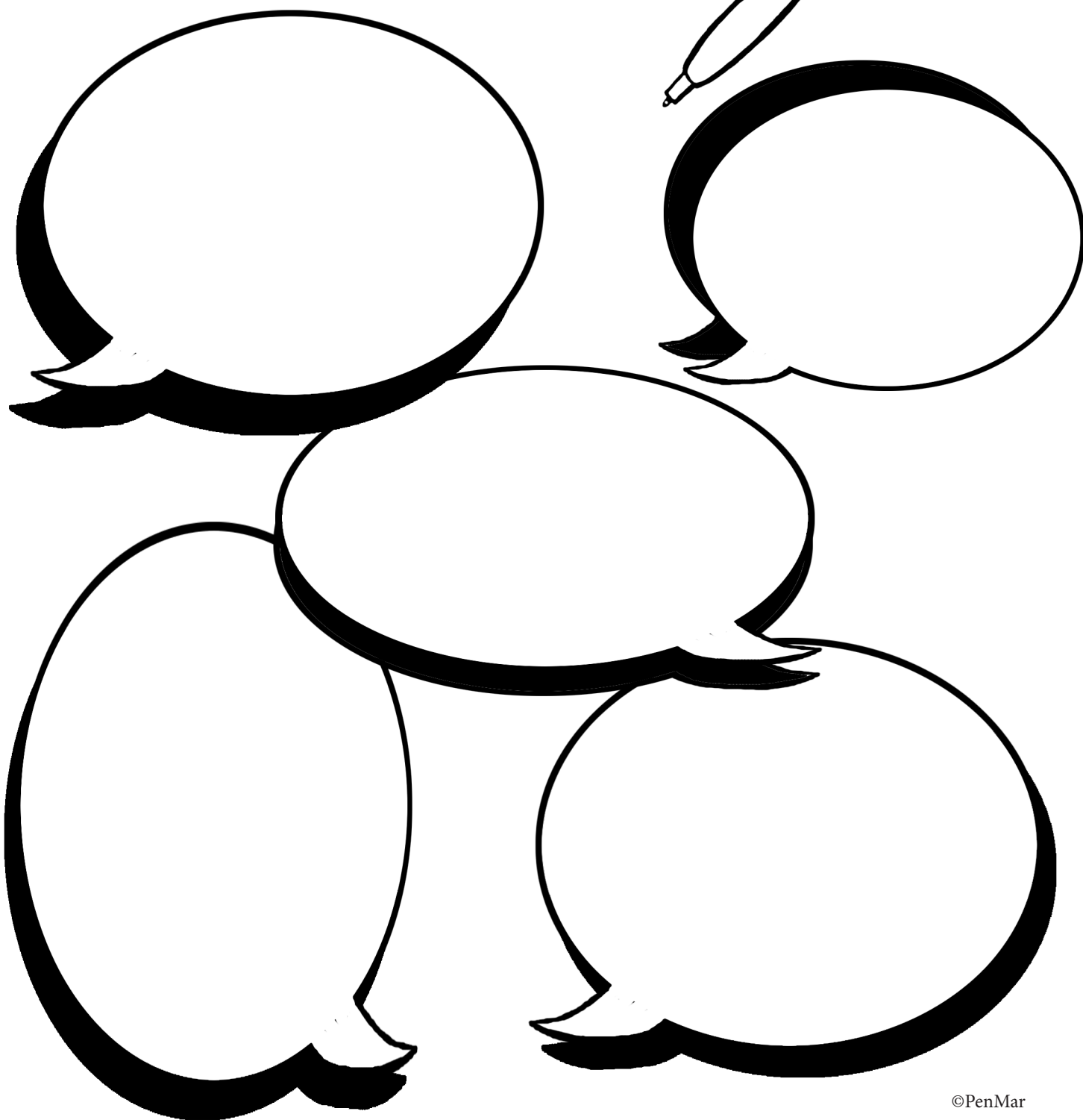
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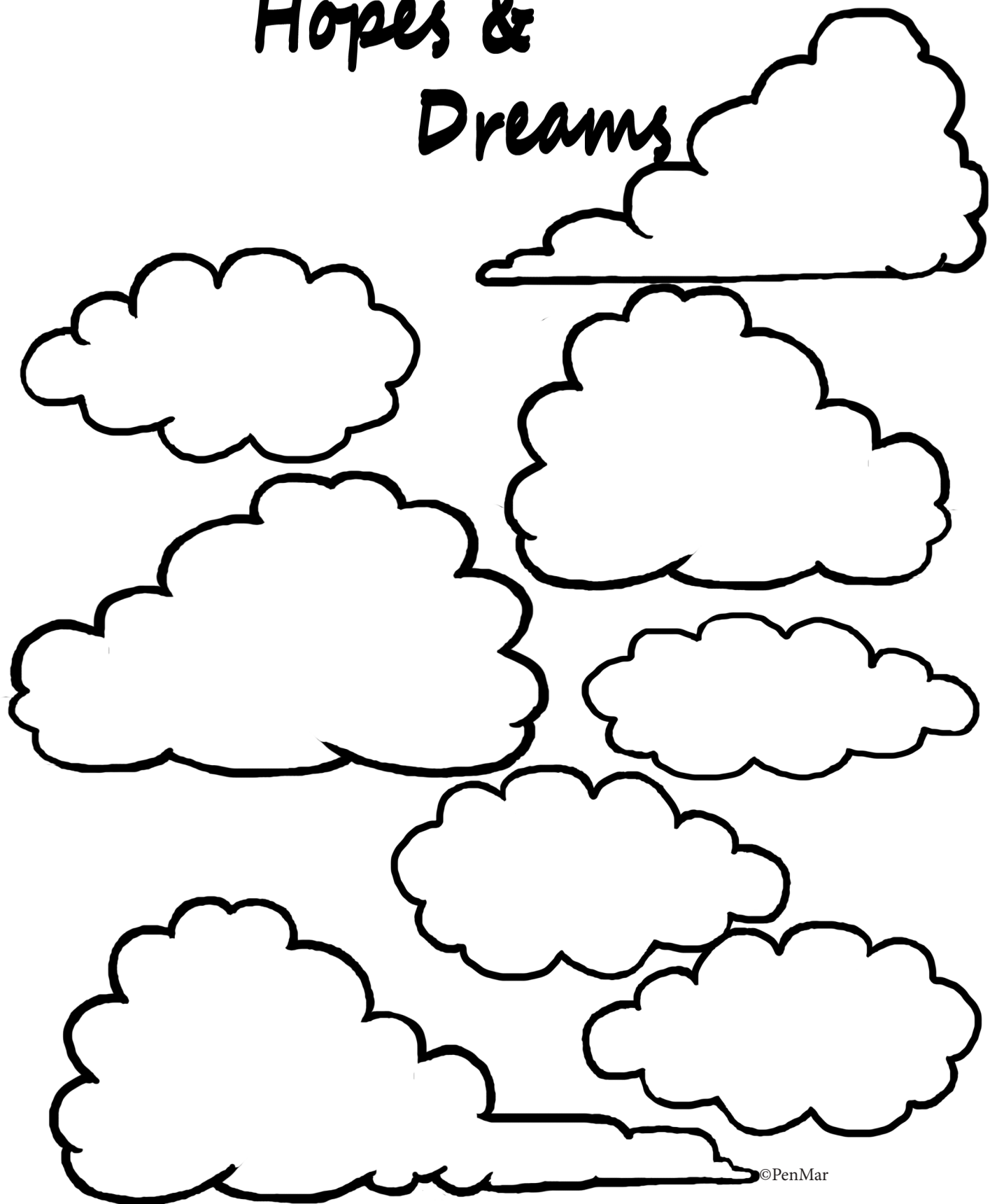


# MARK MY WORDS

***Words to live by... Things I've  
been known  
to say... Words of wisdom...***

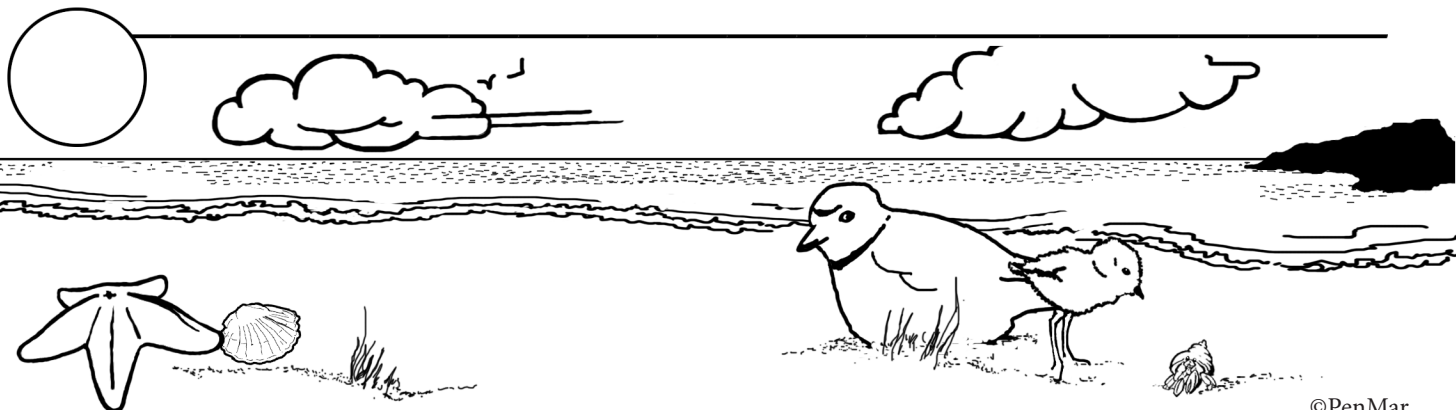


# My Wishes Hopes & Dreams



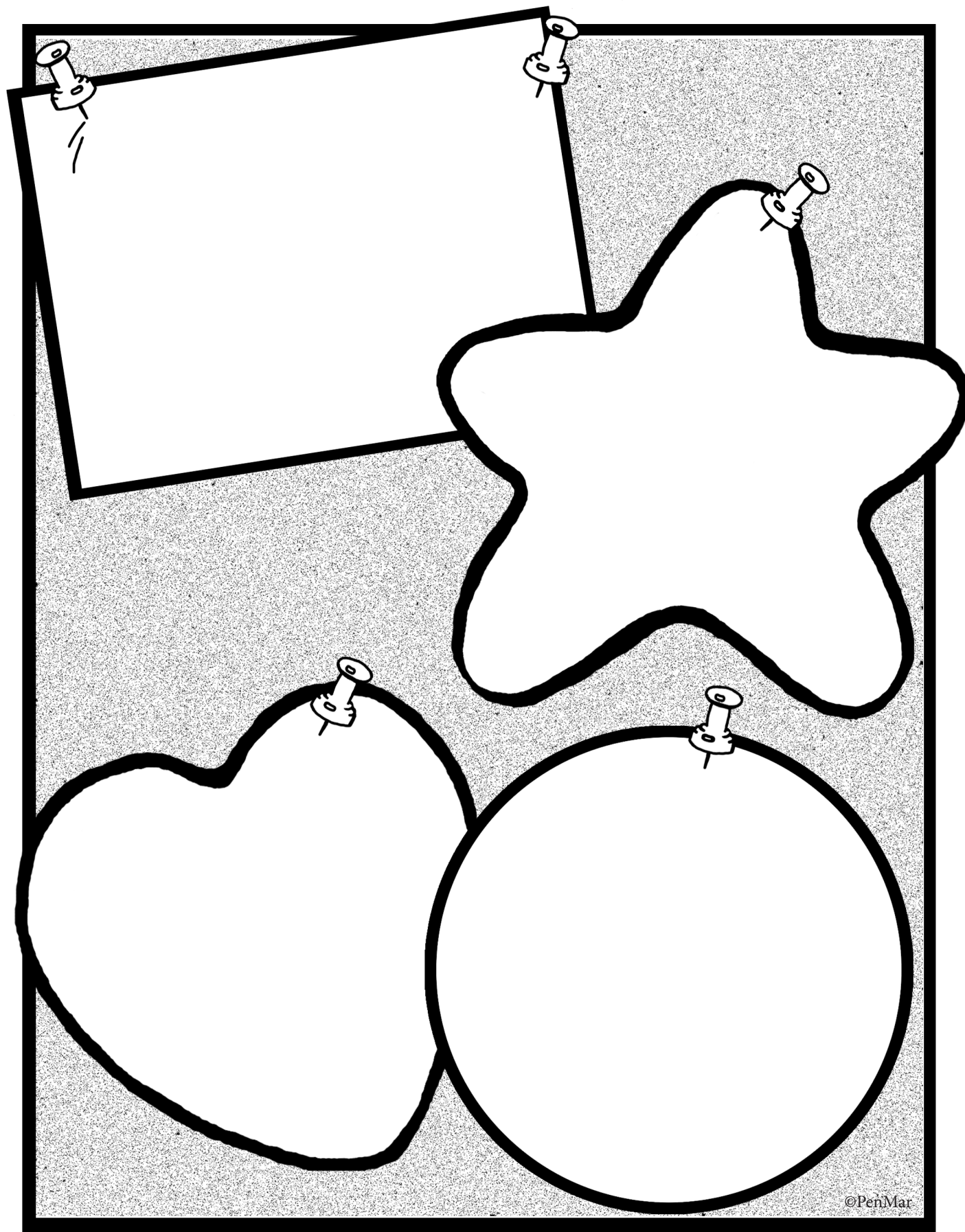
## ***I Will Always Remember...***

***Some treasured memories that I will never forget:***

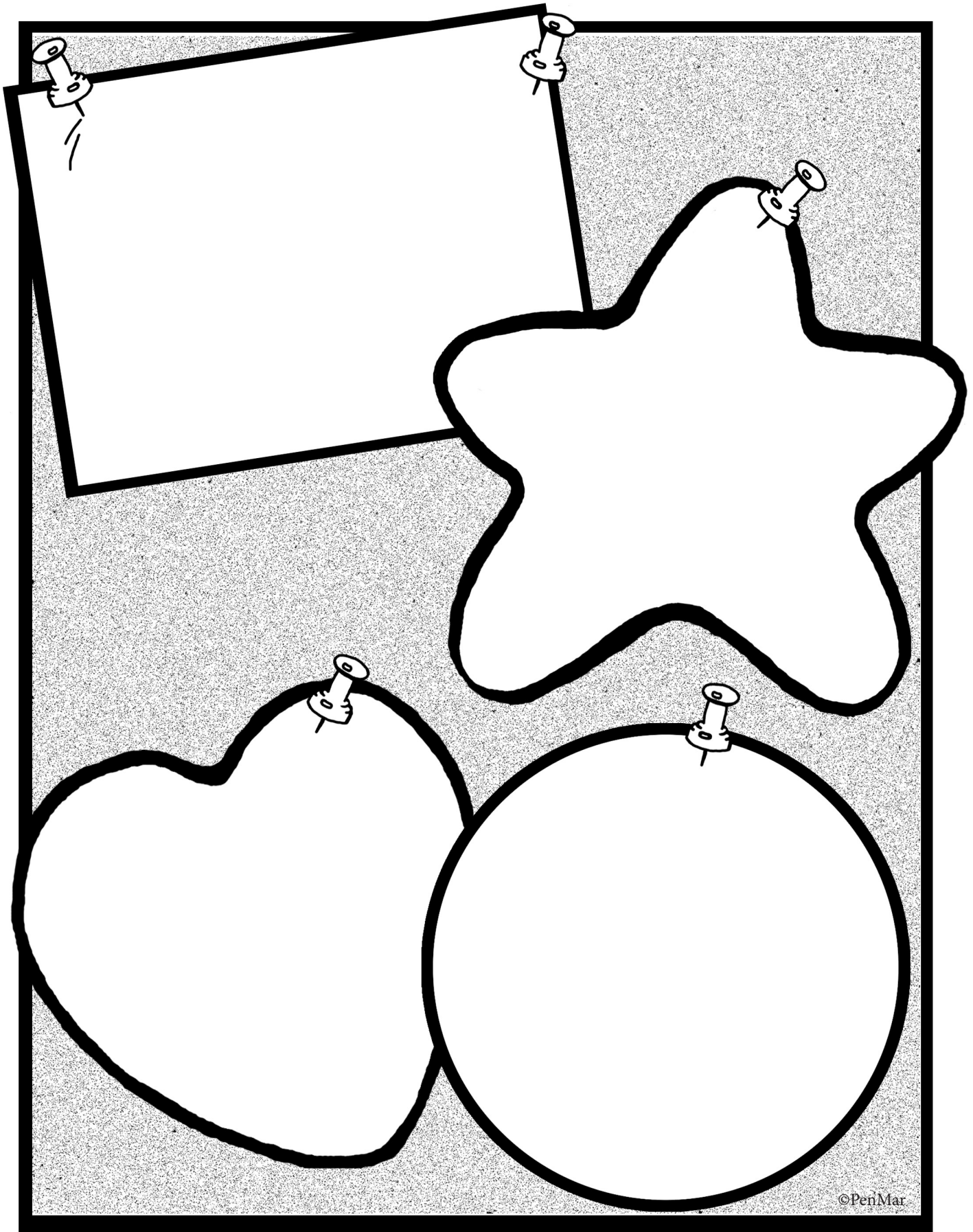
This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. In the bottom-left corner, there is a small, light gray semi-circular shape, possibly representing a staple or a piece of tape. The rest of the page is empty.

# Shout Outs!

Some messages I want to share with my friends and family:









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To contact Chesapeake Kids, please call us at (410) 987-2003